How to schedule a telehealth appointment

This is a quick tutorial for scheduling a telehealth visit through Mount Nittany Health’s patient portal, “My Mount Nittany Health.”

In order to begin, you must be a My Mount Nittany Health portal user. If you are not, please see the first informational handout in this series, “How to enroll in and log on to the patient portal, My Mount Nittany Health.”

You can schedule a telehealth visit in one of two ways:

1: Call your provider and request a telehealth visit

2: Request a telehealth appointment through Mount Nittany Health’s patient portal

TELEHEALTH VISITS

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STEP 5 Select a provider.

STEP 6 Select your preferred day of the week and time for your visit.

STEP 7 In the Comments section, type: “Telehealth visit.”

STEP 8 Click “Submit.” You will receive a call from the practice to confirm your appointment.