2017 American Heart Association Training Center

Healthcare Provider Schedule
(BLS, ACLS, PALS, PEARS)

<table>
<thead>
<tr>
<th></th>
<th>Mount Nittany Health Employees</th>
<th>Non-Mount Nittany Health Employees</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>BLS</strong></td>
<td>Provider (includes text)</td>
<td>No Charge</td>
</tr>
<tr>
<td></td>
<td>Text</td>
<td>$13.25</td>
</tr>
<tr>
<td><strong>ACLS</strong></td>
<td>Provider (includes text)</td>
<td>No Charge</td>
</tr>
<tr>
<td></td>
<td>Text</td>
<td>$20.00</td>
</tr>
<tr>
<td><strong>PALS</strong></td>
<td>Provider (includes text)</td>
<td>No Charge</td>
</tr>
<tr>
<td></td>
<td>Text</td>
<td>$25.00</td>
</tr>
<tr>
<td><strong>PEARS</strong></td>
<td>Provider (includes text)</td>
<td>No Charge</td>
</tr>
<tr>
<td></td>
<td>Text</td>
<td>$31.00</td>
</tr>
<tr>
<td><strong>HeartCode</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Skills Session</td>
<td>BLS</td>
<td>No Charge</td>
</tr>
<tr>
<td></td>
<td>ACLS Skills Session</td>
<td>No Charge</td>
</tr>
<tr>
<td></td>
<td>PALS Skills Session</td>
<td>No Charge</td>
</tr>
</tbody>
</table>

Registration
No registrations will be accepted less than two weeks before requested class date. No exceptions will be granted.
Priority registration is given to Mount Nittany Health employees.

Mount Nittany Health employees: Submit your completed registration form and copies of your current completion card(s) to your manager for scheduling and payment.

Send approved registration form and copies of current cards (if applicable) to:
- Education Department
- Attn: Jaimi Williams
- Interoffice Mail #24

Non-Mount Nittany Health employees: Send registration form, payment, and copies of your current cards (if applicable) to:
- Mount Nittany Medical Center
- Education Department
- Attn: Jaimi Williams
- 1800 East Park Avenue
- State College, PA 16803

Registration will be confirmed by email with detailed instructions to prepare for the course. If you do not receive confirmation within two weeks after submitting, call 814.231.7174 or email jwilliams@mountnittany.org.

Fees:
Make all checks payable to Mount Nittany Medical Center.

AHA Statement
The American Heart Association strongly promotes knowledge and proficiency in CPR and has developed instructional materials for this purpose. Use of these materials does not represent course sponsorship by the American Heart Association, and any fees charged for such a course do not reflect income to the association.

All courses were developed by the American Heart Association and are conducted according to AHA guidelines. Course completion cards are issued within 20 business days of successfully completing the course.

Course Credit Statement
All faculty participating in CNE programs sponsored by Mount Nittany Medical Center are expected to disclose to the program audience any real or apparent conflict(s) of interest related to the content of their presentation(s).

Cancellation Policy
No refunds will be made for cancellations received later than two working days prior to the program. Substitutes are accepted at any time. Mount Nittany Medical Center reserves the right to cancel any course. Should this occur, your registration fee will be refunded minus the cost of the text, if already mailed.
If we do not have the minimum number of participants to hold a class two weeks from the class date, the class will be cancelled.

Cardholder Expiration Date Policy
The Training Center does not accept expired BLS, ACLS, PALS, or PEARS cards.

This coincides with the American Heart Association (AHA) policy on renewal cards, which states "All AHA course completion cards are valid for two years through the end of the month in which the course completion card was issued. The recommended update or renewal interval for all AHA courses is 2 years. Providers who intend to take an update course must show a valid provider card to enroll in an update or renewal course."

The cardholder’s Provider or Instructor card will only be current until the last day of the month that it was issued. For example, if your card was issued on 9/15/2015 this means your card expires on 9/30/2017. The cardholder is responsible for maintaining current provider status.

If the card has expired, a full provider course must be taken.

Mount Nittany Health personnel must follow the Professional Attire Standards administrative policy 6008. Employee ID badges must be worn while on duty per administrative policy 3002 Identification Badges.
### ACLS (Advanced Cardiovascular Life Support)

#### Course Overview

The ACLS course is intended for physicians, nurses, and allied health care professionals. The course includes lectures, demonstrations, and teaching stations that permit you to enhance your clinical expertise.

#### Course Objectives

At the conclusion of this program the participant should be able to:

- Distinguish and initiate early management of peri-arrest conditions that may result in cardiac arrest or complicated resuscitation outcome
- Demonstrate proficiency in providing BLS care, including prioritizing chest compressions and integrating automated external defibrillator (AED) use
- Distinguish and manage respiratory arrest
- Distinguish and manage cardiac arrest until termination of resuscitation or transfer of care, including immediate post-cardiac arrest care
- Distinguish and initiate early management of ACS, including appropriate disposition
- Distinguish and initiate early management of stroke, including appropriate disposition
- Demonstrate effective communication as a member or leader of a resuscitation team and recognize the team dynamics on overall team performance
- Describe current technologies in healthcare used to support the care provided to the peri-arrest and/or the cardiac arrest patient

#### Course Pre-Requisites

Provider

<table>
<thead>
<tr>
<th>Current AHA BLS Course Completion Card</th>
</tr>
</thead>
</table>

Renewal

<table>
<thead>
<tr>
<th>Current AHA BLS &amp; ACLS Course Completion Cards</th>
</tr>
</thead>
</table>

#### Contact Hours for Provider Course

Provider 7:30am - 4:30pm  
Renewal 7:30am - 4:30pm

#### Contact Hours for Renewal Course

This activity will provide 7.33 contact hours.

### PALS (Pediatric Advanced Life Support)

#### Course Overview

The PALS course is designed for physicians, dentist, nurses, paramedics, respiratory therapists, and other advanced life support healthcare providers. Emphasis is placed on the early recognition and management of the critically ill or injured child.

#### Course Objectives

- Describe the timely recognition and interventions required to prevent respiratory and cardiac arrest in any pediatric patient.
- Describe the systematic approach to pediatric assessment by using the initial impression, primary and secondary assessments, and diagnostic tests.
- Describe priorities and specific interventions for infants and children with respiratory and/or circulatory emergencies.
- Explain the importance of effective team dynamics, including individual roles and responsibilities, during a pediatric resuscitation.
- Describe key elements of post-resuscitation management.
- Perform effective, high-quality cardiopulmonary resuscitation (CPR) when appropriate.
- Prioritize appropriate respiratory management within your scope of practice.
- Select and apply appropriate cardiopulmonary resuscitation (CPR) strategies.
- Select and administer the appropriate medication and electrical therapies when presented with an arrhythmia scenario.
- Establish rapid vascular access to administer fluid and medications.
- Demonstrate effective communication and team dynamics both as a team member and as a team leader.

#### Course Pre-Requisites

Provider

<table>
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<tr>
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</thead>
</table>

Renewal

<table>
<thead>
<tr>
<th>Current AHA BLS &amp; PALS Course Completion Cards</th>
</tr>
</thead>
</table>

#### Contact Hours for Provider Course

This activity will provide 7.33 contact hours.

#### Contact Hours for Renewal Course

This activity will provide 7.33 contact hours.

### PEARs (Pediatric Emergency Assessment, Recognition, and Stabilization)

#### Course Overview

The PEARs course is designed for EMTs, medical and surgical nurses, and any other healthcare provider who infrequently cares for critically ill infants and children. PEARs teaches students how to recognize respiratory distress, shock and cardiac arrest and to provide appropriate lifesaving interventions within the initial minutes of response until the child is transferred to an advanced life support provider.

#### Course Objectives

At the conclusion of this program the participant should be able to:

- Describe a seriously ill or injured child by using a systematic approach.
- Perform effective, high-quality cardiopulmonary resuscitation (CPR)
- Explain the A and B components of the primary assessment
- Explain the C, D, and E components of the primary assessment
- Demonstrate stabilization of a seriously ill or injured child
- Identify appropriate interventions during pediatric cardiac arrest
- Demonstrate effective team interaction

#### Course Pre-Requisites

Provider

<table>
<thead>
<tr>
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</table>

Renewal

<table>
<thead>
<tr>
<th>Current AHA BLS &amp; PEAS Course Completion Cards</th>
</tr>
</thead>
</table>

#### Contact Hours for Provider Course

This activity will provide 6.25 contact hours.

#### Contact Hours for Renewal Course

This activity will provide 6.25 contact hours.

### HeartCode (Mount Nittany Health Employees Only)

- HeartCode BLS
- HeartCode ACLS
- HeartCode PALS

#### Please specify:

- RN: Physician  
- Other:

#### Name:

#### Address:

#### Email Address:

#### Daytime Phone Number:

Mount Nittany Health Staff: Your director/manager will need to approve your schedule for this program. Obtain their signature below before sending to Education.