Welcome to Mount Nittany Physician Group

Thank you for trusting Mount Nittany Physician Group to care for you. We look forward to becoming your lifelong partner in health and wellness.

Enclosed are new patient forms to complete along with some helpful information for future reference. Please complete the forms and bring them to your first appointment.

You may also mail or drop off your completed forms before your appointment.

Please arrive 15 minutes before your appointment, so that we have time to review your information.

Please call us at 844.278.4600 if you have questions or concerns.

Thank you. We look forward to meeting you soon!

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HELPFUL INFORMATION

Patient-centered care

Mount Nittany Physician Group-Primary Care wants to be your partner in healthcare by serving as your medical home. It is our goal to provide you with a personal physician or provider who can deliver your healthcare needs and coordinate your care across all settings. Whether it is in the medical office, hospital, clinic, testing facility, or any other place you receive care, Mount Nittany Physician Group-Primary Care will be here for you.

- Our patient-centered medical home model places you at the center of your care team.
- Your primary care provider coordinates your care throughout all healthcare settings.
- Our medical home approach focuses on improving and maintaining healthy lifestyles through evidence-based care.
- Our team works with you to provide needed care and meet your personal health goals.

Care coordination

Mount Nittany Physician Group-Primary Care **requests your help** so we can provide you with the most efficient and effective care possible. To help us maintain a complete record of your care, please complete the following forms (enclosed) and bring with you to your visit with us:

- 1. Medical records release form*
- 2. Health history forms

Note: We also encourage you to inform your primary care provider of any care you received from a healthcare provider outside of your primary care home office.

*Any questions regarding completion of the form or transfer of your records can be directed to a front desk staff member who will be happy to help you.

Obtaining care/clinical advice

Mount Nittany Physician Group—Primary Care strives to meet your needs by offering early morning and extended hours. For the most up to date office hours by location, please visit our website at

mountnittany.org/physician-group/locations.

Making appointments

• Patients may call 844-278-4600 or call your providers office directly to request appointments during normal business hours.

Clinical Advice

- A provider is available by phone after normal business hours and on weekends.
 Simply call your provider office, or call 844-278-4600 and an operator will connect you to an appropriate provider.
- For non-urgent advice, you may sign up for the online patient portal at
 <u>mymountnittanyhealth.com</u> at any time to request care and advice. Our patient
 portal allows you to request appointments, view your medical records and
 prescriptions and send questions to your provider.

EMERGENCIES: Call 911 if you feel you are having a life-threatening medical emergency.

For an URGENT but not life-threatening medical issue, please contact the office prior to going to any urgent care center or the emergency department for healthcare direction to help avoid unnecessary expense.

Appointment information

- We request that you give at least 24-hours notice if you are unable to keep a scheduled appointment.
- Patients that arrive more than 15 minutes late for an appointment may Abe asked to reschedule.

ÁFirst appointment

- Please bring all of your current insurance identification cards. Please check to see that the cards are not expired.
- Please bring a valid photo identification card.
- Please bring a completed Medical Records Release Form
- Please bring a completed Patient History Questionnaire, including the medication list

Insurance information

- Our practice participates with a number of insurance plans. Please check the website, mountnittany.org for an updated list.
- We submit all insurance claims for you and bill the deductible, coinsurance, and non-covered balances directly to you upon receipt of the explanation of benefits from your insurance. These balances are due upon receipt of the statement from our office.
- If you have questions concerning your insurance coverage, please call your insurance carrier or our billing service at 800.762.9800.
- It is necessary for you to bring any co-payment(s) you will owe, according to your insurance benefits, to your office visit; it will be collected upon check in.
- We accept cash, checks, money orders, traveler's checks, Visa, Mastercard, Discover and American Express.
- If you do not have insurance or we do not participate with your insurance, please call 814.278.4820 and ask to speak to our collection specialist to discuss payment options.

Weather and holiday closings

Occasionally, this office will close due to weather conditions or holidays. Our voicemail system will notify you of availability or direct you to contact the answering service. You can also check mountnittany.org for office closing notifications.

Note: In the case of hazardous weather, one of our physicians will be on call. Please call the answering service at 814.231.5505.

Prescription refills

Monitor your medication carefully so that you do not run the risk of running out. When you need a refill for an existing medication, we ask that you contact your pharmacy or mail order service and they will contact us directly as needed.

It is important to know that NO CONTROLLED SUBSTANCE prescription refills will be made during times when the office is closed.

Laboratory and diagnostic testing

You may have your laboratory and diagnostic testing services performed at a facility of your choice. However, we encourage you to use Mount Nittany Health System facilities to expedite the transfer of information into your electronic health record. Please see mountnittany.org for a list of locations.

Referrals

All referrals to specialist providers are available after 48 hour notice with approval of your primary care physician. Please try to call our office to allow enough time to get the referral to the specialist office in a timely manner.

My Mount Nittany Health

My Mount Nittany Health is Mount Nittany Health's online patient portal, which includes the following features, among others:

- 1. Request appointments with your provider.
- 2. View your medical record including lab and diagnostic results, prescriptions and vaccinations.
- 3. Send questions about your appointments to your provider's office right from your computer.

If you're a parent, you can also request appointments and view medical records for your children using your own My Mount Nittany Health account. To learn more, visit MyMountNittanyHealth.com

Education resources

More than 3,000 health and wellness topics, HealthSheets and Health Break articles are available online at Mount Nittany Health's Wellness Library, available 24 hours a day at mountnittany.org/wellness-library.

Interpreter services

Interpreters for foreign languages and the hearing impaired are available free of charge. Please let your nurse know if you need communication assistance.

Mount Nittany Physician Group locations

Mount Nittany Health – Bellefonte

129 & 141 Medical Park Lane

Bellefonte, PA 16823 Internal Medicine: 814.355.7322

Pediatrics: 814.355.3626

Mount Nittany Health – Blue Course Drive

1700 Old Gatesburg Road, Suite 310

State College, PA 16801

Internal Medicine: 814.237.3122

Mount Nittany Health – Boalsburg

3901 S. Atherton Street State College, PA 16801

ENT/Audiology: 814.466.6396

Pediatrics: 814.466.7921

Pulmonary Medicine: 814.231.7888

Mount Nittany Health – Green Tech Drive

2520 Green Tech Drive State College, PA 16803

Internal Medicine: 814.278.4898

Mount Nittany Health – Green Tech Drive

2505 Green Tech Drive, Suite A1 State College, PA 16803 Dermatology: 814.237.6600

Mount Nittany Health - Mifflin County

96 Kish Road

Reedsville, PA 17084 Cardiology: 855.689.7391

Family Medicine: 855.259.0027 General Surgery: 800.837.6062 Occupational Health: 814.231.7094

Urology: 800.837.6062

Mount Nittany Health – Park Avenue

1850 E. Park Avenue State College, PA 16803 Cardiology: 814.689.3140 Endocrinology: 814.689.3156 Heart Failure Clinic: 814.689.3140 Internal Medicine: 814.234.8800 Medicine Specialties: 814.234.8800

OB/GYN: 814.237.3470

Occupational Health: 814.231.7094

Mount Nittany Health - Penns Valley

4570 Penns Valley Road Spring Mills, PA 16875

Family Medicine: 814.422.8873

Mount Nittany Health - Sieg Neuroscience Center

2121 Old Gatesburg Road, Suite 100 State College, PA 16803 Neurology: 814.231.6868 Sleep Management Program:

814.231.7277

Mount Nittany Health – University Drive

905 University Drive State College, PA 16801 Urology: 814.238.8418 Surgery: 814.238.8418

Mount Nittany Physician Group - Reconstructive & Cosmetic Surgery

100 Radnor Road, Suite 101 State College, PA 16801

814.231.7878

Patient Label



Authorization for Release/Request of Protected Health Information Mount Nittany Health Page 1 of 2

MR#: Acct #:	
I hereby authorize Mount Nittany Health, consisting of Mount Nitta Physician Group (MNPG), to release or request my health information	
Patient Information: Name:	Date of Birth:
Address:	
Telephone: E-mail:	
Release Information To: Name:	
Address::	
Telephone: Fax:	E-mail:
Request Information From: Name:	
Address::	
Telephone: Fax:	E-mail:
Location of service (check all that apply): MNMC MNPG (specific of pates of service:	
 Medical Record (complete) ☐ History and Physical (H&P) ☐ Consultation Reports ☐ Laboratory Test Results ☐ Operative Reports ☐ Safety Plan ☐ Office notes ☐ Pertinent MNMC (H&P, Consultation, Operative, Pathology, Diagnostic ☐ Pertinent MNPG (Office notes, labs, procedures) ☐ ED Mental Health Evaluation & Liaison Note 	☐ X-Ray, Imaging Reports ☐ ED Records ☐ Discharge Instructions ☐ Progress Notes E) ☐ Medication List ☐ Other (specify):
The purpose of the disclosure is as follows: \Box Continuity of Care \Box Le	egal \square Personal \square Other:
I authorize this information be released or requested in the following mann \square Pick up \square Mail \square CD \square Fax:	
□ E-mail: □ Ver	bal – Behavioral Health Staff Only
I understand that this release may also include (Check to approve re ☐ Information relating to AIDS or HIV infection ☐ Information relating to mental health or psychiatric care contin alcohol abuse or dependency: excludes Psychotherapy notes	uing care plan and/or treatment for substance and/or

The confidentiality of my records may be protected by the Pennsylvania Drug and Alcohol Abuse Control Act, the Pennsylvania Mental Health Procedures Act, and/or the Pennsylvania Confidentiality of HIV Related Information Act. To the extent I have checked any of the above boxes; my signature below authorizes the release of information protected by these Pennsylvania statutes.

White - Medical Record



Patient Label



Authorization for Release/Request of Protected Health Information Mount Nittany Health Page 2 of 2

MR#:	Acct #:
	NOTICE OF DISCLOSURE
-	

You may refuse to sign this authorization. You do not need to sign this authorization to receive services from MNH unless the only purpose for providing you with a service is to obtain information to disclose to someone else (e.g. examinations required to obtain certain licenses). If the services are related to research, you may be required to authorize the use or disclosure of your health information limited and related to the research services.

I understand that I may revoke this authorization at any time in writing, except to the extent that action based on this authorization has been taken. However, I also understand that health information disclosed pursuant to this authorization may be subject to re-disclosure because it is no longer protected by federal privacy laws. I fully understand the contents of this authorization and voluntarily consent to the release of the information as stated. Finally, I understand that I am entitled to obtain a copy of this authorization from the Mount Nittany Health upon request.

THIS AUTHORIZATION SHALL EXPIRE ONE (1) YEAR FROM THE DATE THIS AUTHORIZATION IS EXECUTED; OTHERWISE, AND UNLESS IT IS REVOKED EARLIER.

Signature of Patient or Patient Representative			Print Name		Date	Time
Witness Signature	tness Signature Date Time		Witness Sign	ature	Date	Time
If Patient is unable to give co	nsent or if a Ver	bal consent is	given, two MNH	employees must s	ign as Witness	ses.
If signed by Patient Represer	ntative, state rela	ationship and	authority to do so	: (check all that ap	ply)	
			ed	☐ Deceased ☐ Authorized Le	gal Represent	
☐ Revoked	atient Represen	tative	Date		Time	
Office Use Only:						
Photo ID Obtaine Driver's License i Other: Records Release Records Release Number of pages	#: ed on: ed by:					

White - Medical Record



PATIENT INFORMATION SHEET

Patient information:		
Name:		
Patient #:		
Address:	CAndan	7:
City:	State:	Zip:
Birth date: Age:		
Home phone number:		
Work phone number:		
Cell phone number:		
Social security number (SSN):		
Employer (if workers compensation):		
Primary care doctor:		
Primary care doctor's city and state:		_
Previous name:		
Patient nickname:		
College student status (full-time, part-time or none):		_
Email:		
Marital status:	<u> </u>	
Guarantor information (if patient is under 18 or incapacitated):		
Guarantor name:		
Home phone number:		
Work phone number:		
Cell phone number:		
Address:		
City:	State:	Zip:
Sex:		
Date of birth:		
Emergency contact:		
Contact name:		
Relationship:		
Emergency phone number:		
May the emergency contact have access to your protected health inf	Cormation?Yes	_No
Other contacts (Your personal contacts that may have acess to your	protected health infor	rmation):
Name:		
Relationship:		
Name:		
Relationship:		

Patient Information Sheet (continued)

			I – 4.			
	Primary Insurance	Secondary Insurance	Tertiary Insurance	Other Insurance		
Insurance Name						
Policy/Certificate #						
Group #						
Group Name						
Subscriber Name						
Subscriber Date of Birth						
Co-payments						
Insurance Informa	tion:					
		•		ent of services not covered by my insurance. I Nittany Physician Group (MNPG).		
Privacy : I am aware that a copy of MNPG Notice of Privacy Practices is available upon request. I give permission for the persons(s) designated above to access my protected health information (e.g., obtain my test results, schedule, verify and cancel my appointments; discuss my healthcare with my physician and his/her assistants)						
Diagnostic Facilities Choice: I understand that I may choose the facility where I have my diagnostic testing done. I am not limited to using MNPG facilities. I understand that there are other medical laboratories and radiology facilities located in the State College Area.						
Please acknowledge and agree to these terms by signing below.						
Patient signature:						

Date: _____



Pediatric Patient Questionnaire

1

Patient Name:				_ Date of	Birth:			
Pharmacy Retail: Mail Order:		I w	referred Method of Reminder Communication would like to receive reminder communication via: Patient portal Cell phone Home phone Mail Work phone					
	ardian ha	ave any v	, does the parent/guardian ision/hearing impairmen 	-	_	airment affecting read	ling? 🗌 Y	es 🗌 No
HEALTH CARE TEAM	1: Please	list other	health care providers tha	t your chi	ld may se	e (example: Cardiolog	gist)	
Name				Speci	alty			
								_
ACTIVE PROBLEMS/ Does your child curr	'PAST ME ently hav	DICAL HI e any of t	Id)lboz STORY the following medical pro g medical problems in the					Past Problem
Acid Reflux	Problem	Problem	Depression	Problem	Problem	Hyperthyroidism	Problem	Problem
Anemia			Developmental Delay			Hypothyroidism		
Anxiety			Diabetes			Learning disability		
Arthritis			Digestive Problem			Neuromuscular Disorder		
Asthma			Eating Disorder			Overweight		
Autism Spectrum			Genetic Disorder		NA	Prematurity Weeks gestation		
Bleeding Disorder			Head Injury			Seizure		
Breech Birth	NA		Headaches			Skin disorder		
Cancer			Hearing Difficulty			Tuberculosis		
Childhood Behavior Problems			Hospitalized (1+ nights other than routine normal newborn stay)	NA		Urinary Tract Infection		
Congenital Heart Defect			History of ear infections			Vision Problem		
Cystic Fibrosis		NA	Hyperlipidemia (High cholesterol)					
Dental Cavities			Hypertension (High Blood Pressure)					
Has your child had a If YES, please list:	ny other	serious m	nedical problems not liste	d previou	sly? 🗌 \ 	/ES		

Created 8/11/15 Revised 01/19/16, 3/7/16, 3/17/2016

Patient Name:		Date of	Birth:		
PAST SURGICAL HISTORY *No history of prior surgery Has your child had any of the following surgical procedures, <i>include year if known:</i> Adenoids removed Yes No Year Elective Circumcision Yes No Year					
- -		ernia repair		No Year_	
Ear Tubes Inserted Yes No Year_	To	nsils removed	Yes [No Year_	
List any other <i>operations or surgeries</i> your o	child has ever	had, including			
Type of Surgery			Yea	r	
FAMILY HISTORY Is there any of the following in your child ☐ Patient is Adopted	l's immediat	e family? Che	eck all that app	ply	
	Mother	Father	Brother	Sister	Other:
Family History Unknown					
Alcohol Abuse	П				
Anxiety					
Asthma	П				
Bipolar Disorder					
Cancer					
•					
•					
Depression					
Diabetes	П	ΙΠ		П	
Drug Abuse				Ī	
Celiac Disease					
Allergies					
Heart Disease					
High Blood Pressure					
High Cholesterol					
Hip Dysplasia					
Kidney Disease					
Lung Disease					
Seizures					
Died from heart disease before age 50					
Sudden Infant Death Syndrome	NA	NA			
Other:					

Patient Name:			Da	te of Birth:	
Immunizations: We r	equire a cop	y of your child's	immu	inization record.	
SOCIAL HISTORY For children under age 5, when the parent/Guardian Da	-	-	_	the day? Check all th	
Other:					
Dental Care *Does your child have a dental	·	· · · <u> </u>	_		
Living Situation: Select which	best describe	es your child's livi	ing situ	ation. Check all that	apply.
Lives in group home		Lives w	ith par	ents in same househo	old
Lives with father (single pa	rent)	Lives w	ith par	ents who live in differ	ent households
Lives with foster parents	,	Lives w	•		
Lives with friend					
Lives with grandparent(s)					
Lives with mother (single p	arent)				
Does anyone that lives in the ALLERGIES Does your child have any aller If YES, please list:		_	outside	e the home? Yes	□No
Name		Tyr	e of Re	eaction	
1145		. 7 P			
Please List all MEDICATIONS y herbal and/or other supplement	ents:		ease in		
Name of Medication	Strength	Directions		Why do you take	Who prescribed
ONLY COMP		(Ex. 1 pill twice			this medication?
ONLY COIVIP	LETE THIS S	SECTION IF YO	JUK C	HILD IS A NEW PA	ATIENT
Patient/Representative Signa	ture				Date:
Person who completed form i	f patient unak	ole			

Patient Name:	Date of Birth:
PLEASE HAVE THE PA	TIENT WHO IS 13 AND OLDER COMPLETE THIS PAGE
Smoking History (Check one):	
	y cigarettes per day?you quit?
Smokeless Tobacco History (Check on	e):
 □ Never used smokeless tobacco □ Former user of smokeless tobacco □ Smokeless tobacco use	When did you quit? What type of smokeless tobacco?
Alcohol Usage (check one):	
☐ Alcohol Use ☐ No Alcohol Use	
Illicit Drug Use-(check one):	
☐ Current drug use ☐ History of drug use ☐ No drug use	/hat types of drugs?
Dationt/Danracontative Cignature	Data
Person who completed form if nationt	Date:

Partnering with you for your best health

We will:

Share information about your health in a way that you understand

- We listen to your concerns and discuss your diagnosis in words you can understand. We outline a plan of care. We
 discuss medicine changes, doses, and important side effects. We also explain procedures and tests, highlighting their
 benefits and possible complications. We review all test results with you so that you understand what they mean. We
 do our best to meet your medical, physical, and emotional needs.
- We have interpreters for many languages and for the hearing impaired to help you during healthcare discussions. This is a free service. Please let our staff know if you need an interpreter.

Offer choices about your care including what should be done and what should not be done

- Our team works with you and any other people you want to include to achieve your best health. If you see more than one provider, we make sure they are all aware of your unique healthcare needs. We work together to make your care between providers smooth and stress-free.
- We follow the highest ethical standards by telling you about the risks, benefits, and alternatives to treatments.

Tell you about any financial ties we have with drug and medical companies

Treat you with respect, including the right to privacy and confidentiality

- We treat all patients with kindness and dignity. We respect cultural, religious, and personal beliefs.
- We do our best to be timely, attentive, and patient focused. Our providers keep personal information, business matters, and complaints in strict confidence. We follow the highest standards of professional behavior at all times.

Provide compassionate, safe, quality care delivered by skilled staff, including doctors, physician assistants, nurses, and other members of our team

- We do our best to provide healthcare that is safe, effective, and patient-centered. We practice evidence based
 medicine and follow the latest clinical guidelines. We continually review, measure, and improve our patient care
 processes.
- Our providers attain board certification, as well as state and national licensures, and attend medical education
 programs to make sure that the latest in training, treatment, and technology are available for the community. Our
 partnerships with higher education help to make sure that the next generation of healthcare providers is informed,
 compassionate, and community-focused.

We ask that you:

- Give true and complete information
- Be an involved and informed member of your healthcare team
- Follow plans of care that you agree on with your healthcare team, which includes taking medicines and keeping appointments
- Pay promptly for the healthcare that you receive
- · Respect the rights of other patients, families, and staff

If you have a concern or need, please talk to your doctor, nurse, or the office manager. In most cases, we can resolve the matter quickly and effectively. If your matter needs more attention, please call the Service Excellence department at 814.234.6706.



We have many lab and imaging locations for your convenience

Mount Nittany Health - Blue Course Drive

1700 Old Gatesburg Road | Suite 100 State College, PA

Imaging — 814.234.6106

MRI: Monday - Friday, 7:30 am - 5:30 pm Ultrasound: Monday - Friday, 7:30 am - 3:45 X-Ray/fluoroscopy: Monday - Friday, 8:30 am - 5:00 pm

Lab — 814.231.6876

Monday - Friday, 7:30 am - 3:45 pm; Saturday, 7:30 am - 12:30 pm

Mount Nittany Health - Boalsburg

3901 S. Atherton St. | State College, PA Imaging — 814.466.7927

X-Ray: Monday - Friday, 8:30 am - 11:30 am

Mount Nittany Health - Bellefonte

141 Medical Park Lane | Bellefonte, PA Lab — 814.355.7322

Monday - Friday, 7:30 am - 4:00 pm

Mount Nittany Health - Mifflin County

96 Kish Road | Reedsville, PA

Lab — 855.259.0027

Monday - Friday, 7:00 am - 5:00 pm

Mount Nittany Health - Park Avenue

1850 E. Park Avenue | State College, PA

Imaging (Suite 105) — 814.234.6752

MRI: Monday & Wednesday, 8:00 am - 3:30 pm Digital mammography: Monday - Friday, 6:30 am - 5:00 pm Open until 6:00 pm on Wednesdays Bone Density: Monday - Thursday, 8:00 am - 4:30 pm Closed Fridays

Imaging (Suite 203) — 814.234.6137

X-ray: Monday through Friday, 8:30 am to 5:00 pm

Lab (Suite 205) — 814.231.6848

Monday - Friday, 7:00 am - 5:30 pm.

Mount Nittany Health - Penns Valley

3631 Penns Valley Road | Spring Mills, PA

Lab — 814.422.0559

Monday - Friday, 7:30 am - 4:30 pm; Saturday, 8:00 am - noon

Imaging — 814.234.6137

X-Ray: Monday through Friday, 8:00 am to 4:30 pm

